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## **GLENELG COUNTRY SCHOOL FUN DAY SATURDAY MAY 23RD - PLEASE RSVP**

The date for the 9th Annual Fun Day end of year celebration at Glenelg Country School has been set for Sunday May 23rd from 2:00 - 5:00 pm at GCS. This end of year celebration is a guaranteed great time - games, food (dinner and snacks), entertainment and lots of fun! Registration begins at 2:00, come join the students at Glenelg Country School for a fun cookout with lots of activities! This is a rain or shine event, all athletes and family are invited to attend!!! PLEASE RSVP TO CLAIRE BUCH AT [claireb@glenelg.org](mailto:claireb@glenelg.org) or David Weeks at [weeks@glenelg.org](mailto:weeks@glenelg.org) ASAP.

## **2010 OUTSTANDING STUDENT VOLUNTEER WINNERS ANNOUNCED**

Two Howard County seniors have been selected as Outstanding Special Olympics Student Volunteers for 2010.

### **Jackie Burk Memorial Award**

Alex Haden, a senior at McDonough School, is the recipient of the 2010 Jackie Burk Memorial Award for Outstanding Student Volunteer and will receive a one time scholarship of \$1500. Alex has been a volunteer since 2003, when he was "inspired with hope for [his] sister, Caroline.. He then volunteered for soccer and basketball and finally adding cross country. He has volunteered approximately 1000 hours to these programs and has demonstrated the characteristics that make a volunteer successful - patience, compassion, and a dedication to develop a meaningful relationship with the athletes as a mentor, friend, and coach. Five recommendations by coaches and coordinators all praised Alex for his dependability, dedication, leadership, and ability to connect with the athletes. All cited that, as a result of Alex's involvement, athletes reached new levels of skills and confidence. The fact that Alex was able to support the SOHO program to the extent that he did while maintaining a rigorous academic schedule, playing a varsity sport, and playing the

trumpet in the school band is indicative of this remarkable young man. We congratulate Alex and wish him continued success as he attends Yale in the fall.

The Burk Family is funding this annual scholarships through memorial donations received to honor their daughter, Jackie, who was also a student volunteer for Special Olympics and very committed to our program.

### **Allan Homes Award**

The recipient of this year's Allan Homes Award for Outstanding Student Volunteer is Kasey Baumann. While some families go to church every Sunday or have other activities, Kasey noted that her family went to Special Olympics aquatics practice. Her father, long time SO aquatics coach, Curtis Baumann, started bringing Kasey to practice when she was 12 years old. She made friends with the athletes and by the time she was 16, she started coaching the athletes. According to Kasey, Special Olympics is the one thing that has defined and shaped her into the person she is and the athletes have helped her become a more confident individual. She has taken on coaching some of the more "challenging" athletes with great success. Becky Lessey, the dean of Special Olympics aquatics coaches, noted Kasey's positive nature, yet firm instruction, enabling the athletes to improve each week. In addition, Kasey has been a Unified aquatics partner going to state games and qualifying events. Kasey plans to attend Washington College in the fall and hopes to major in special education with a minor in creative writing. Congratulations Kasey and best of luck in your future endeavors.

This award was established through the generosity of Allan Waschak, management team member and aquatics coordinator, and his wife Kathy, who created an endowment to honor outstanding student volunteers.

### **2010 INSPIRATION WALK TOP FUNDRAISERS - STILL TIME TO GIVE**

Congratulations to Chuck Spalding who was our top fundraiser with a amazing total of \$3,135.00!! Coming in 2nd place with a grand total of \$2,870.00 was the Mineart Family and 3rd place goes to the Emmerling Family who raised \$2,400.00. These top fundraisers will pick from our top three prizes, 1) four tickets to an Orioles game 2) a weekend stay at a Marriott Hotel, or 3) two tickets to Toby's Dinner Theater. A list of all donors who earned an incentive prize (i.e., \$500 or more) will be published in the next newsletter. To date, we have 42 families or individuals who raised more than \$500, averaging \$1,303 each!!

Check out the great pictures of our 9th Annual Inspiration Walk at <http://somedhc.smugmug.com/> under events. To date, we have collected nearly \$100,000 and we are hoping to push that number even higher over the

next month.

Thanks again to all who contributed. If you haven't made a donation yet, it's not too late. Send your checks to Special Olympics Howard County, 8970 Route 108, Suite A-1, Columbia, MD 21045 or donate online at [www.FirstGiving.com/somdhcdonate](http://www.FirstGiving.com/somdhcdonate). When considering your donation, the average cost per athlete to operate our program in 2009 was \$268. This is such a small cost for what our athletes gain!!

**SUMMER GAMES PARENT MEETING - TUESDAY, JUNE 8TH  
ATTENTION ALL PARENTS AND GUARDIANS OF ATHLETES ATTENDING  
SUMMER GAMES.**

Please plan to attend a short, but mandatory meeting at the LONG REACH HIGH SCHOOL CAFETERIA on Tuesday, June 8th from 7:00 - 8:00. All your questions concerning Summer Games at Towson University on June 11-13 will be answered. Information on sports schedules, chaperone and dorm assignments, day only athlete instructions, directions, and special events will be provided. Please make every effort to attend, athletes welcome to attend as well.

**EQUESTRIAN FAMILIES - PLEASE NOTE YOUR ATHLETES ARE WELCOME TO  
PARTICIPATE IN OPENING CEREMONIES ON FRIDAY AND THE DANCE ON  
SATURDAY AT TOWSON UNIVERSITY.**

**CHAMPIONS FOR THE CHALLENGED SPRING FESTIVAL - JUNE 19**

Here's an exciting announcement and invitation. The Order of Alhambra have helped us with food at competitions for many, many years. This group of dedicated individuals have started a new charity called "CHAMPIONS FOR THE CHALLENGED" and would like to become even more involved with helping Special Olympics. Their mission is to provide exceptional social and entertainment programs with a variety of learning experiences for those challenged with disabilities.

With that mission in mind, they have announced their first "Spring Festival" to take place on June 19 beginning at 11:30 am at the Bon Secours Spiritual and Conference Center, 1525 Marriottsville Road, Marriottsville, MD 21104. The days activities include a catered lunch, Wild Bill's Magic Show, a unique and enlightening program of the Maryland Natural Resources featuring animals, birds, and reptiles found throughout the state of Maryland, lots of music and time for socializing.

There is no cost to attend for our athletes and immediate family members are welcome as well. To attend, please RSVP to John Ramming at 410-584-7273, Michael Parker at 443-506-8209 or John McCuen at

410-375-4997.

### **SPECIAL OLYMPICS SPORTS CAMP**

Special Olympics sports camp will be held from August 2-5 at the Elks Camp Barrett. There is \$25.00 activity fee to attend camp which covers some of the material cost for activities. There will be two groups at camp this year. SOMD will be offering a Competitive Group where the level of fitness training and instruction will be increased and expectations for participation will be 100%. There will also be a Lifetime Sports Group that will highlight participation in less strenuous sports where the physical demands will be less but that participation will still be expected to be 100%. Campers may be moved between the groups depending on the interest and their participation level. Please also be aware that Campers who do not participate fully in either of these groups will not be accepted back next year.

### **LOSE THE TRAINING WHEELS CYCLING CAMP**

Another cycling season will be here before you know it and many families have worked hard to get their athlete to ride a bike independently with no success. Here's a program that might be able to help.

Lose The Training Wheels is a national 501 (c)(3) organization that travels across the U.S. partnering with local organizations, to teach children with special needs how to ride a two wheel bike without training wheels. The summer of 2010 is the first time LTTW is coming to Maryland. LTTW uses adapted equipment, trained professionals & volunteers. With 75 minutes of riding over 5 days approximately 85% of bikers learn to ride a two wheel bike independently. See videos of this technique in action at [http://www.youtube.com/watch?v=sswZ\\_I6yuxQ&feature=related](http://www.youtube.com/watch?v=sswZ_I6yuxQ&feature=related) and <http://www.youtube.com/watch?v=EMN98mEOUmI&NR=1>. This is being offered locally at two different locations.

1) Chesapeake Speech School is sponsoring this bike camp August 2nd-6th in the gymnasium of the McDonogh School, in Owings Mills. Call Sue Ann Shafley at 443-745-0455 or email [bikecamp@chesapeakespeechschool.org](mailto:bikecamp@chesapeakespeechschool.org). Biker & volunteer forms posted at [www.chesapeakespeechschool.org](http://www.chesapeakespeechschool.org).

2) The Howard County Autism Society in collaboration with Howard County Recreation and Parks is pleased to be hosting the Lose The Training Wheels Bike Camp June 28 through July 2 at the Glenwood Recreation Center. Contact Sandra MacMahon at [sandra.macmahon@howard-autism.org](mailto:sandra.macmahon@howard-autism.org) for more information.

**NEXT VOLUNTEER ORIENTATIONS** – Sunday Thursday August 26, 2010 from 7:00-8:30pm and Monday September 13, 2010 from 7:00-8:30pm

Special Olympics requires all volunteers and unified partners, including family members who have direct contact with athletes during sports training, to attend a volunteer orientation. The volunteer orientation not only goes over volunteer responsibilities and protective behavior but also goes over a preliminary introduction to SOHC who we are, what we do, and what we need.

In preparation for the fall sports season, Special Olympics Howard County will be conducting volunteer orientations on Sunday Thursday August 26, 2010 from 7:00-8:30pm and Monday September 13, 2010 from 7:00-8:30pm. PRE-Registration is required and you are asked to contact Beth Greenberg, our volunteer coordinator, for specifics. [bjb410@comcast.net](mailto:bjb410@comcast.net) / cell 301-233-1296.

Reminder>>ALL volunteers both past, present and future are required to take the following on line course in addition to attending a volunteer orientation. . If you could complete ASAP, it would be greatly appreciated. Online Protective Behaviors Course - EVERYONE MUST take this online tutorial with audio that takes about 15 minutes to complete. (<http://www.specialolympics.org/protectivebehaviors>). Once the ten questions are answered correctly, click on the finish button, enter your Full Legal name and other requested information and your name is submitted to SOI and SOMD. Upon completion, you will receive a confirmation e-mail and I ask that you please forward a copy to Beth Greenberg at [bjb410@comcast.net](mailto:bjb410@comcast.net)

### **SPORTS IN SESSION**

Sunday – Aquatics, Howard Community College, 9:00 – 12:00 pm

Sunday – Fitness, Quest Fitness Center, 1:00 – 2:30 pm

Sunday – Softball Veteran Team, Cypressmeade Park, 2:00 – 4:00 pm

Wednesday – Athletics, Oakland Mills HS, 5:30-7:00

Wednesday – Beginner Aquatics, MarTar Swimming at Lifetime Fitness Center, 6:30 – 7:30 pm

Wednesday – Bocce, Cedar Lane Park, 6:30 – 8:00 pm

Thursday – Cheerleading, Jeffers Hill ES, 6:00 – 8:00 pm

Thursday – Softball Veteran Team, Rocky Gorge Batting Cage, 7:00 – 8:00 pm

Thursday – Fitness, Quest Fitness Center, 7:30 – 9:00 pm

Saturday – Equestrian, TRRC, 9:00-12:00 pm

Saturday – Athletics, Oakland Mills HS, 10:00 – 12:00 pm

Saturday – Softball Rookie Team, Cypressmeade Park, 2:00 – 4:00 pm

Saturday – Bocce, Cedar Lane Park, 2:30 – 4:00 pm

## **CALENDAR OF EVENTS**

May 22 – SOHO Bocce Competition, Cedar Lane Park, 2:00 – 4:30 pm  
May 23 – Fun Day at Glenelg Country School, 2:00 – 5:00 pm  
Jun 6 – Softball End of Season Party, Cypress Meade Park, 2:00 – 4:00 pm  
Jun 8 - Summer Games Parents Meeting, Long Reach HS Cafeteria, 7:00 – 8:00 pm  
Jun 10 – Torch Run through Howard County, begins at PG/Howard Line on Rt 1, 9:00 – 10:30 am  
Jun 11 – MATP Challenge Day, Cedar Lane School, 9:00 am – 2:00 pm  
Jun 11-13 – SOMD Summer Games, Towson Univ (Aquatics, Athletics, Bocce, Softball)  
Jun 12 – SOMD Equestrian Competition, PG County Equestrian Center Jun 16 – Bocce End of Season Party, Bocce courts, 6:30 – 8:00 pm  
Jun 19 – Aquatics End of Season Party, Cedar Lane Park, 11:00 – 2:00 pm  
Jun 19 – Champions for the Challenged Spring Festival for Special Olympics, 11:30 – 4:00 pm  
Jun 20 – Aquatics Beginners End of Season Party, TBD, 12:00 – 2:00 pm Jul 1 – Fall Sports Registration Forms Mailed  
Jul 17-23 – Special Olympics National Games, Univ of Nebraska, Lincoln, Nebraska  
Jul 25 - Cycling Practice Begins  
Jul 29 - Golf Practice Begins  
Aug 2-5 – 2010 Sports Camp/Elks Camp Barrett  
Aug 5 - Powerlifting Practice Begins  
Aug 10 - General meeting, SOHO office  
Aug 14 - Soccer, Flag Football, Tennis, & Cross-country Running Practices Begin  
Aug 14 – Golf Competition, Links at Challedon GC, Mt Airy, Frederick/Carroll County  
Aug 15 – Golf Competition, Chesapeake GC, Cecil County  
Aug 22 – Golf Competition, Easton CC, Upper Shore  
Aug 23 - Volleyball Practice Begins  
Aug 26 – Volunteer Orientation, SOHO Office, 7:00 – 8:30 pm  
Aug 28 – Golf Competition, Wicomico GC, St Mary’s County  
Sep 12 - SOHO Golf Competition, Timbers  
Sep 13 – Volunteer Orientation, SOHO Office, 7:00 – 8:30 pm  
Sep 14 - General meeting, SOHO office  
Sep 18 – Golf Competition, Rattlewood GC, Montgomery County  
Sep 19 – Golf Competition, Compass Pointe GC, Anne Arundel County  
Sep 25 - SOMD Cycling Competition, MD State Police Driving Training Center, Sykesville, MD  
Sep 25 – SOMD Level 1 Golf Competition, Blue Mash GC  
Sep 26– SOMD Levels 2-5 Golf Competition, Compass Pointe GC  
Oct 1 – Winter Sports Registration Forms mailed  
Oct 12 - General meeting, SOHO office

Oct 23 - SODE Volleyball Competition  
Oct 23 - SOMD Fallfest Competition, Mt Saint Mary's University,  
Emmitsburg, MD  
Oct 24 - SOMD Soccer Competition, Salisbury, MD  
Nov 5 - SOHO Dance at Harpers Choice MS, 7:00 - 9:00 pm  
Nov 7 - Bowling Practice Begins  
Nov 9 - General meeting, SOHO office  
Dec 4-5 – SOMD State Bowling Competition, Gaithersburg, MD  
Dec 8 - Basketball Assessments  
Dec 14 - General meeting, SOHO office  
Calendar Year 2011  
Jun 25-July 4 – World Summer Games, Athens, Greece

## **OFFICE INFORMATION**

Mailing Address:

**Office Hours:**

Special Olympics Howard County  
Thursday 8:30 - 5:00

Monday 8:30 - 5:00,

8970 Route 108 Suite A1  
office manager, Adele Slifker, at [adeleslifker@hotmail.com](mailto:adeleslifker@hotmail.com)

or email our

Columbia, MD 21045  
a pickup or drop-off at other hours.  
410-740-0500  
410-740-2388 (fax)  
[info@somdhc.org](mailto:info@somdhc.org)  
<http://www.somdhc.org>

to arrange for

## **Directions to Office:**

Take Route 29 to Route 108 East, pass through two lights (2nd one is at Red Branch Rd), after Red Branch Rd take the third left turn into Oakland Center Business Park, go 100 feet, make right turn and immediately on left is the SOHC office (where there are six parking spaces and you will see the SOHC sign. Our building # is 8970, Suite A1.

## **SOHC POINTS OF CONTACT**

Executive Management Team

Director - Bob Baker, [bobbaker@somdhc.org](mailto:bobbaker@somdhc.org)

Asst. Director - Marilyn Miceli, [marilynmiceli@somdhc.org](mailto:marilynmiceli@somdhc.org)

Fundraising Director - Allan Waschak, [allan@allanhomes.com](mailto:allan@allanhomes.com)

Public Relations Director - Diane Mikulis, [dianemikulis@verizon.net](mailto:dianemikulis@verizon.net)

Management Team (Exec Members plus:)

Volunteer Coordinator - Beth Greenberg, [bjb410@comcast.net](mailto:bjb410@comcast.net)

Unified Sports Coordinator - Cara Gregg, [clgregg@gmail.com](mailto:clgregg@gmail.com)  
Competition Coordinator - Abby Penenburgh, [abby.penenburgh@fiserv.com](mailto:abby.penenburgh@fiserv.com)  
Finance Coordinator - Wayne Luoma, [wluoma@verizon.net](mailto:wluoma@verizon.net)  
Outreach Coordinator - Gena Luoma, [gluoma@verizon.net](mailto:gluoma@verizon.net)  
Office Manager - Adele Slifker, [adeleslifker@hotmail.com](mailto:adeleslifker@hotmail.com)  
Family Coordinator - Barbara Stewart, [Stewgarden@aol.com](mailto:Stewgarden@aol.com)  
Athlete Representative - Nick Stewart,  
[captainlikessportsmanship7277@hotmail.com](mailto:captainlikessportsmanship7277@hotmail.com)  
Special Events Coordinator - Jen Perry, [JPerry1228@aol.com](mailto:JPerry1228@aol.com)  
Medical Coordinator - Rosemary Gruss, [rosemary.gruss@hotmail.com](mailto:rosemary.gruss@hotmail.com)  
SOMD District Director - Katie Shannon, [kshannon@somd.org](mailto:kshannon@somd.org)

### **Individual Sports Coordinators**

Alpine Skiing - Clare Colleli, [cc@djhpm.com](mailto:cc@djhpm.com) and Mike Harding,  
[harding64@comcast.net](mailto:harding64@comcast.net)  
Aquatics - Allan Waschak, [allan@allanhomes.com](mailto:allan@allanhomes.com)  
Aquatics Skills - Marianne Otto-Smith, [mottosmith@verizon.net](mailto:mottosmith@verizon.net)  
Athletics - Joe Bobinski, [bobskibum@aol.com](mailto:bobskibum@aol.com) and Tracey Eberhardt,  
[traceyeberhardt@verizon.net](mailto:traceyeberhardt@verizon.net)  
Athlete Congress Parent Representative - OPEN  
Basketball Skills - Lavonne Smith, [lavonne\\_smith@hcpss.org](mailto:lavonne_smith@hcpss.org)  
Basketball 3x3 Development - Dave Donovan, [thedonovans5@verizon.net](mailto:thedonovans5@verizon.net)  
Basketball 3x3 - Phil Swanson, [swansonp@cdpotomac.com](mailto:swansonp@cdpotomac.com) and Therese  
Dalrymple, [Tada75td@aol.com](mailto:Tada75td@aol.com)  
Basketball 5x5 - Jim Bourdon, [jbourdon@verizon.net](mailto:jbourdon@verizon.net)  
Bocce - Karen Thiem, [kthiem@verizon.net](mailto:kthiem@verizon.net)  
Bowling - Sandy Schoenbrodt, [TheSchoenbrodts@verizon.net](mailto:TheSchoenbrodts@verizon.net), Assts. Amy  
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[sdwyermd@verizon.net](mailto:sdwyermd@verizon.net)  
Cheerleading - Mike Peter, [navydude1@verizon.net](mailto:navydude1@verizon.net)  
Cross Country Running – Ann Worley, [annworley@comcast.net](mailto:annworley@comcast.net)  
Cross Country Skiing - Byung and Young Ahn, [byungahn1@msn.com](mailto:byungahn1@msn.com)  
Cycling - Cheryl Decker, [ZachandCheryl@verizon.net](mailto:ZachandCheryl@verizon.net)  
Equestrian - Susan Buningh, [sohcequestrian@hotmail.com](mailto:sohcequestrian@hotmail.com) and Marianne  
Otto-Smith, [mottosmith@verizon.net](mailto:mottosmith@verizon.net)  
Flag Football - Kim McKay, [themckayfamily@verizon.net](mailto:themckayfamily@verizon.net) and Jan Ulrich,  
[frontline@comcast.net](mailto:frontline@comcast.net)  
Golf Skills - Cindy Vidmar, [vidgang@msn.com](mailto:vidgang@msn.com)  
Golf - Howard Mooney, [mooneyfamily1@aol.com](mailto:mooneyfamily1@aol.com) and John Stapleton,  
[jstapleton17@verizon.net](mailto:jstapleton17@verizon.net)  
Motor Activities Training Program (MATP) - Gena Luoma, [gluoma@verizon.net](mailto:gluoma@verizon.net)  
and Jen Perry, [JPerry1228@aol.com](mailto:JPerry1228@aol.com)  
Powerlifting - Bill Long, [blong716@aol.com](mailto:blong716@aol.com)  
Snowshoeing - Peggy Baker, [pegandbobbaker@verizon.net](mailto:pegandbobbaker@verizon.net)  
Soccer Skills – Ginny Geis, [Bsktginny@aol.com](mailto:Bsktginny@aol.com)



Soccer Emerging Level Team – Ann Scholz, [annscholz@comcast.net](mailto:annscholz@comcast.net)  
Soccer Low Level Team – Cara Gregg, [clgregg@gmail.com](mailto:clgregg@gmail.com)  
Soccer Mid Level Team – Cheryl Kemp, [clkemp77@gmail.com](mailto:clkemp77@gmail.com)  
Soccer Unified Team – Cara Gregg, [clgregg@gmail.com](mailto:clgregg@gmail.com)  
Softball Veteran Team - Linda Rothfield, [lindarothfield@comcast.net](mailto:lindarothfield@comcast.net)  
Softball Rookie Team - Linda Pinos, [linda.pinos@yahoo.com](mailto:linda.pinos@yahoo.com)  
Tennis - Sonal Parikh, [sonalparikh1@gmail.com](mailto:sonalparikh1@gmail.com)  
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Webmaster - Frits Buningh, [fbuningh@hotmail.com](mailto:fbuningh@hotmail.com), Ryan Palm,  
[ryan.palm@gmail.com](mailto:ryan.palm@gmail.com)

**SPECIAL OLYMPIC LINKS**

Special Olympics National/International - <http://www.specialolympics.org>  
Special Olympics Maryland - <http://www.somd.org>  
Special Olympics Howard County - <http://www.somdhc.org>, new test site  
<http://test.metromontage.com/>  
Special Olympics Howard County Photos - <http://somdhc.smugmug.com/> Search  
for "Special Olympics Howard County Maryland" from your facebook account -  
we are up to 184 members

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Best Regards,

Bob Baker, parent  
Director

Marilyn Miceli, parent  
Assistant Director

NOTE: If you'd like to be removed from this mailing list simply reply  
with REMOVE in the subject.

"Special Olympics Maryland, Inc is a 501(c)(3) nonprofit organization -  
donations to which are tax deductible to the fullest extent allowed by  
law"